

Unity of Death and Life

*We honor our dead on Memorial Day by opening
our hearts to the fullness of life.*

You would know the secret of death.
But how shall you find it unless you seek it in the heart of life?
The owl whose night-bound eyes are blind unto the day
cannot unveil the mystery of light.
If you would indeed behold the spirit of death,
open your heart wide unto the body of life.
For life and death are one,
even as the river and the sea are one.

In the depth of your hopes and desires
lies your silent knowledge of the beyond;
And like the seeds dreaming beneath the snow
your heart dreams of spring.
Trust the dreams,
for in them is hidden the gate to eternity.
Your fear of death is
but the trembling of the shepherd
when he stands before the king whose hand
is to be laid upon him in honour.
Is the shepherd not joyful beneath his trembling,
that he shall wear the mark of the king?
Yet is he not more mindful of his trembling?



For what is it to die but to stand naked in the wind
and to melt into the sun?
And what is it to cease breathing,
but to free the breath from its restless tides,
that it may rise and expand and seek God unencumbered?

Only when you drink from the river of silence
shall you indeed sing.
And when you have reached the mountain top,
then you shall begin to climb.
And when the earth shall claim your limbs,
then shall you truly dance.